## FOR IMMEDIATE RELEASE

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# 30 years of honoring World AIDS day

December 1<sup>st</sup> is World AIDS Day

**Eau Claire, WI, November 30th, 2018**- World AIDS Day takes place on December 1<sup>st</sup> each year. This year marks 30 years honoring World AIDS Day. Take this time to get tested for HIV, recognize how HIV treatment has advanced, and to show support to those living with HIV.

**Know the facts:** Around 1,200 Wisconsin residents are living with HIV and don't know it. The Centers for Disease Control and Prevention (CDC) estimates that 15% (1 in 7) of people living with HIV in the U.S. do not know that they have HIV.

**Get tested for HIV:** Testing is the only way to know if you have HIV. The CDC says that everyone between the ages of 13 and 64 should be tested for HIV at least once. Men who have sex with men, injection drug users, or people with multiple sex partners should be tested more often.

Prevention is key to keep HIV from spreading to others. Research shows that people living with HIV can be treated so they do not pass it to their partners!

# 1 in 7 living with HIV The state of their infection.

# Help stop HIV:

- Get tested for HIV.
- Talk with your doctor about your risks for getting HIV.
- Talk with family, friends, and colleagues, about HIV prevention.
- Support people who are living with HIV.
- Volunteer at your local AIDS Resource Center.
- Ask community leaders to continue to address the HIV epidemic.

For more information about HIV prevention, testing, treatment, research, visit https://www.aids.gov/.

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